



**WAPPINGERS**  
CENTRAL SCHOOL DISTRICT

Empower  
Challenge  
Grow

# **WCSD Wellness Committee**

**2024 Parent/Guardian Wellness Survey  
764 Responses**

# Recent Survey Participation

## 2023-24 Participation

7-12 Student: 448

Parent/Guardian: 764

## 2021-22 Participation

7-12 Student: 234

Parent/Guardian: 565

## 2022-23 Participation

7-12 Student: 409

Parent/Guardian: 1013

## 2020-21 Participation

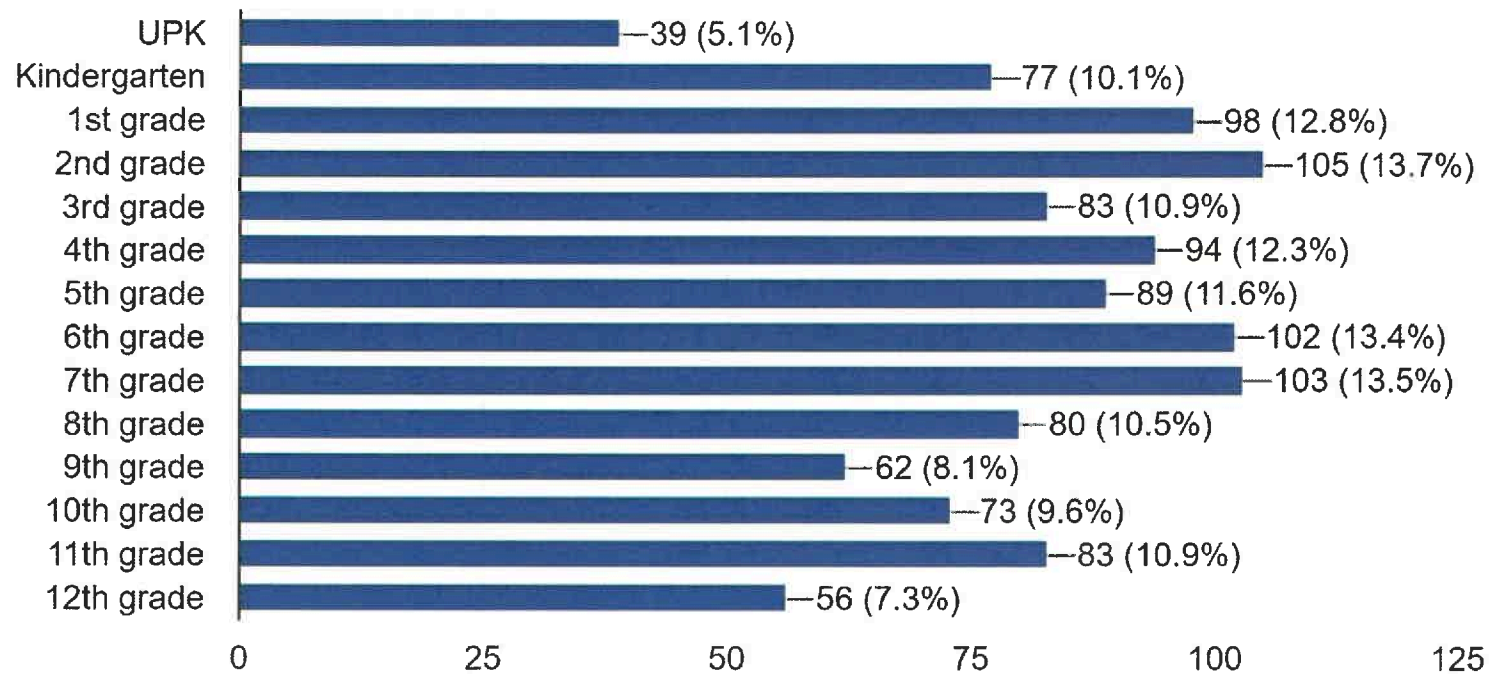
7-12 Student: 356

Parent/Guardian: 1326

Q1:

Please select the grade level(s) of your child/children.

764 responses

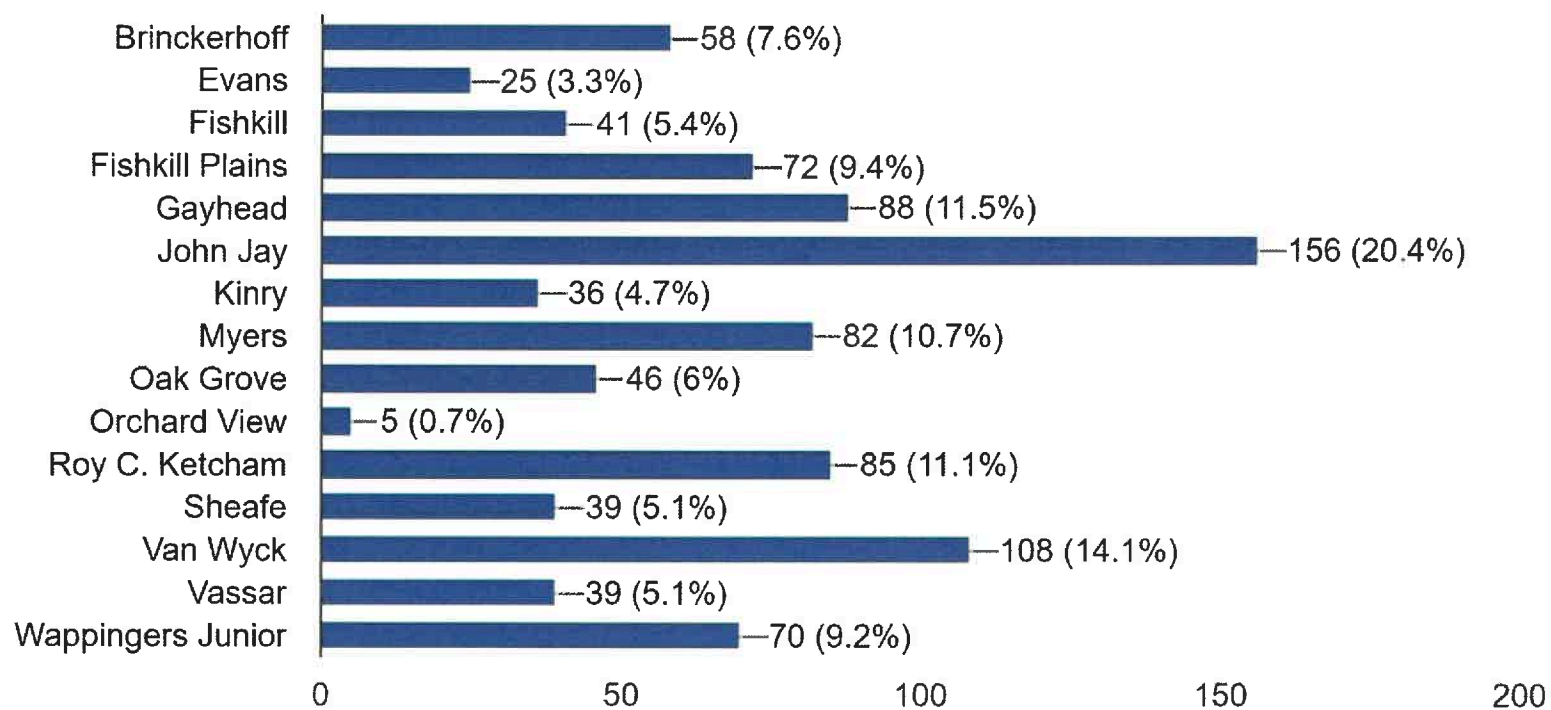




Q2:

Please select the school(s) your child/children attend.

764 responses

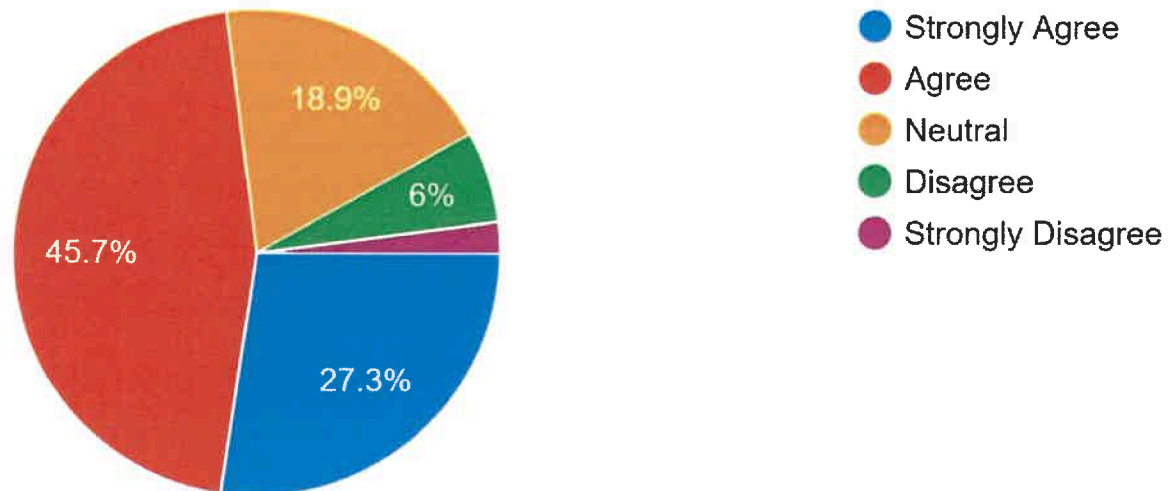




Q3:

My child enjoys attending school.

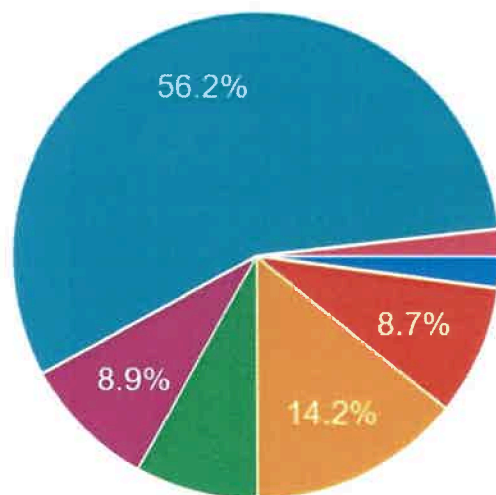
762 responses



Q4:

The menu items presented for breakfast, at my child's school, offer a satisfying meal.

763 responses

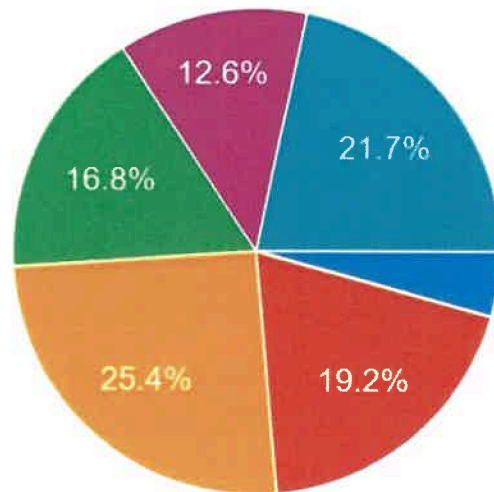


- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree
- My child does not eat the breakfast offered at school.
- I was not aware that breakfast was offered at school.

Q5:

The menu items presented for lunch, at my child's school, offer a satisfying meal.

764 responses



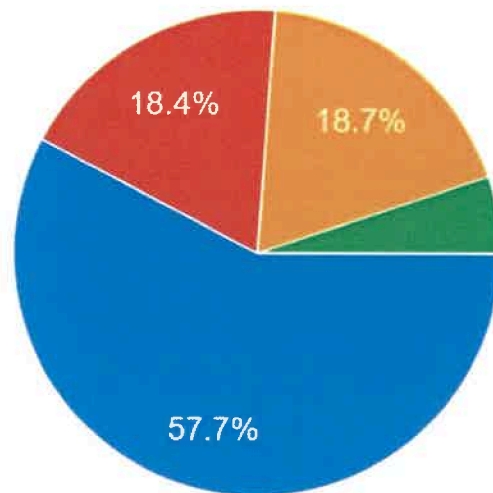
- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree
- My child does not eat the lunch offered at school.



Q6:

School buildings throughout the district have many different wellness opportunities available for student participation (clubs, intramurals, jump rope ...al school activities outside their daily academics.

759 responses



- Agree
- Neutral
- Disagree
- I did not know that additional activities/programs were available at my child's school.

**Q7. What additional school wellness opportunities would you like to see offered in the future? (320 responses)**

**NOTE: The comment lines stating Nothing, No, N/A, None & Yes have been removed.**

Healthy Food Options, correct food on menu	field day, ice cream day	More sports programs directly after school
PE Camp	Athletics	More choice for lunches
Honor society , history honor society , sports	Self esteem building	More sports programs for younger kids
Better lunch options	More intramurals after school not AM.	afterschool activities for elementary children
Basketball	More lunch variety	School soccer/basketball teams
Groups for emotional and mental wellness	Free after school intramurals	Lgbtq, mental health support, longer recess
Outdoor/ naturw/ achieve I science	Healthier and fresher lunch options.	Opportunities for out of district special needs
More field trips	Self- awareness: yoga, meditation, art therapy	More movement activities would be great!
not happy about ice cream availability	Sports	more recess time, time outside
Meditation, Yoga, Public Speaking classes, Zumba	Track!	Sports for elementary school
Meditation	More clubs offered in elementary school!	Better food choices
More after school sports related programs.	badminton, table tennis	Theater/music
nutrition,non-athletic activities,hiking,Cross fit	Team building, pottery, cooking , yoga	More sports opportunities (Intramurals)
Self Defense	Dance class	additional sports like rowing, fencing, etc
More options for lower grades	Give students an opportunity to make lunch request	Nutritional guidance
ping pong, mediation, yoga, clay pot making	Better lunches the meals are disgusting	Meditation and Yoga
Meditation	Running club for boys, art/free paint, makerspace	Computer coarse
See more ore drug addiction prevention talks	Self defense class	not sure
Yoga, meditation	Better food quality. (Salad bar Deli Pasta bar)	Could be more opportunities for Elem Schools
Gymnastics/academic enrichment for lower grades	Behavior specialist and counseling	Theater
Emotion regulation, confidence building	short term workshop-in an activity sports related	Meditation, dancing or theater
CONTINUED LIFE SKILLS REQUIRED CLASSES	Effective anti-bullying procedures.	Intramurals
in- house after school care would be nice	SEL- Social Emotional Learning	Not sure
Mental health	Healthier lunch options	Yoga
Art club,	Intramurals, so > the 15 that make team can play	More after school activities
Yoga, Meditation, Mindfulness, Stress Reduction	easy intramurals (kickball), nature based learning	Healthier breakfast- donuts are unacceptable
Free lunches bigger portions for older kids	Peer driven groups, Professional driven groups	Intramurals at HS level
After school fitness program for all ages	Better menu options with healthier choices	Healthier lunches. Breadsticks are not lunch.
Healthy fresh opts  processed artificial preserv	I would like to see healthier food options offered	Basketball, volleyball, yoga or meditation options
Extended hours for activities	Volleyball for boys	FFA or environmental groups for younger students
Elem schools need a 2nd gym or 1 class at PE.	something offered during lunch periods	Before school intramurals
Mental Wellness	N/A my children do other activities	My 6th grd stays for intramurals, 9th grd track



Intramural sports because it is hard to make teams	Lunch shouldn't have to be charged	A district sponsored crew tea
Meditation to start the day in EVERY school.	Mindfulness; social awareness	Cell Phone free campus
More sports/activities at the elementary level	Better Food choices Address what anxiety is .	Boys on the run
healthier lunch options	Vegetable farm	Classes teaching real life skills.
Chess club Wappingers junior high	FFA in middle school	Social skills group for neurodivergent students
Meditation & exercise program before&after school	Yoga or mindfulness	Bike riding safety
clubs for activity without joining a team sport	healthy palatable food choices	Club
Healthy options for lunch	Yoga/mindfulness	Food and nutrition awareness (classes/one-off)
Mentoring programs throughout the year	Yoga/mindfulness	Sports
Meditation, yoga, sensory room for all students!	Minfulness/anxiety reducing classes, art classes	Assemblies on anxiety, more school field trips
Groups for kids who are socially awkward.	Mental health clubs	Yes
Meals are a horror show.	Healthier non processed foods.	Dance team
Golf team	Put kids on playground for recess they're rarely out	Mental health support
Guidance counselors should meet regularly	Dance, gymnastics, karate, chorus,	Trade classes
Meals are primarily dairy which doesn't work	Nutrition Education	Confidence and interaction building programs
Mindfulness and meditation during day for kids	Girls on the run is a great program	Drama club
Intramural's for younger grades	Clubs for the younger grades.	Development of interaction skills
Less junk food options available for purchase.	not sure at this time	Activities for younger kids. Intramural sports
Peer social groups	Programs promoting healthy eating and wellness.	Some sort of peer program
More clubs - Gaga ball club, basketball club etc	More organized sports teams	Yoga and/dance should be a gym unit
Broader range of PE - dance, yoga, pilates, boxing	Nutritional guidance	Afterschool sports for fun
Soccer and basketball as a solo not mixed	Healthy cooking, importance of eating well	Anything. This is a joke
Help Kids Learn New Skills to Be Healthy in Summer	Wrestling, intramurals, football, lacrosse	Kids exercise classes, elementary age drama class
Stop sweeping bullying under the rug	Two languages and after school	Motivational Speaking
Good tasting, healthy meals	sports	Free athletics
Club sports	More team sports	spa day or seniors mentor freshmen
Meditation and coping skills when stressed.	none that I can think of	swimming
mental health awareness, meditation, art	Teach mindfulness in our schools	Family walkathon
Opportunities for younger students	Mental health awareness	Job opportunities/education to navigate adult life
Soccer	allow for pick up after the workday 5pm	Yoga
FREE Afterschool Programs and Activities	Track & Field, NHS, School Newspaper, Italian HS	Weight room
More STEM related activities for younger grades	Canine support program	Whatever is available or can be offered.
Affordable programs. Current ones too expensive.	bathrooms need to be unlocked and monitored	more after school activities for younger grades
More intramural sports	After school sports at the lower grade levels	Sports for the kids
More mental health and anti-bullying awareness	Free programs like elementary yoga	healthier snack options, replace with natural opt

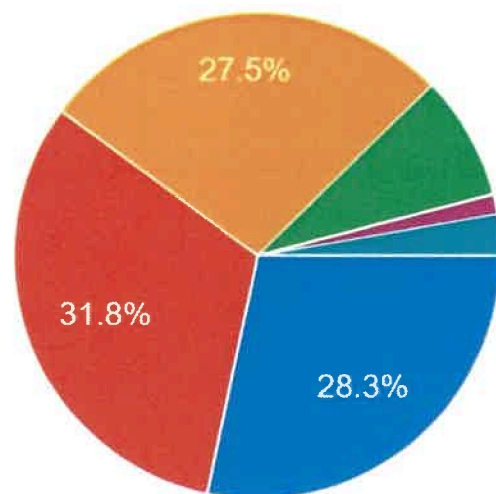


Larger healthy portions. Sports For all grades	I think the schools offered many great activities!	Variety of after school activities
After school programs too expensive to utilize	Organic/Natural food and remove high sugar items.	yoga, mindfulness, healthy breakfast, k-2 health class
Soccer	Roller skating club	Open Gym, Tumbling
Outdoor games	Mask and mime	Spring break robotics camp
financial planning, real life learning -	You need to ask students what they would want	More after school programs
assemblies, physical activities for young kids.	tennis, martial arts	More outdoor recess
Afterschool Sports for elementary students	More afterschool activities/club	More sport activities
More electives	The principle gets terminated from their job	Varsity Lacrosse
More diverse food options, healthier options	Meditation-Mindfulness, Art Therapy	Sports
Optimistic communication	Unsure	Stem, debate club, more academic clubs
girls only group- peer pressure ,social media,	More sports	End of year fun run or kid easy meal prep course
Good snacks	sports	Psychology
Karate	Better lunches my kid will not eat it's gross	Increase playground time
More activities for the younger grades	Coding, ways to deal with stress/bullying	Meditation, kids yoga, basketball
youth group with no electronics, board games	More physical activities	in wrestling and used the weight room
social groups	Life skills: growing crops, tying knots, swimming	Mandatory Social Emotional Education
Non competitive. One daughter couldn't do any.	Healthier , more filling breakfasts.	more options at gym like mediation yoga
mental health awareness , bullying effects, health	Improvements to lunch menu options	The issue isn't the programs, it is the timing.
More sports, soccer , basketball	The ability for Jr high and HS to get fresh air	Daily check in with student in the morning
Any that happen PRIOR to the start of the day.	Not sure	Healthier lunch choice
Talk groups for kids, social-emotional support	Basketball, More STEM Robotics and Lego!	Healthier food choices
Yoga club, gymnastics club	Healthy Eating workshops, fitness and dance	Stock market club/instruction
cleaner bathrooms at Jay with no vaping!	More time outdoors during the school day.	Snowboarding in the winter
weekly group sessions that deal with bullying	Fishing Club	Basketball
Child mindfulness, yoga, stress reducing programs	STEM, writing	Clases de nivelacion
we are satisfied with current offerings	More after school sports/club for younger kids	No coat wearing at lunch. SEL lessons monthly
Sports/fitness	More clubs since kids aren't making school teams	Sports
Mental health and enhancing peer connections	after school sports programs (ie: flag football)	Learning about nature and how to survive.
Mindfulness	Yoga, Mindfulness and meditation	Food nutrition education
Healthy food selection... no ice cream, junk food.	nutrition classes for teenagers	Taking lessons outdoors for fresh air :)
snacks for after school clubs	Track and field for elementary school kids	Yoga and mindfulness
Understanding what is mental health.	Incorporate meditation/yoga as part of PE	no-cost opportunities
Open gym for kids after school	Maybe a wellness fair	Better Food options all around
Please take away all the cancerous items like Dori	Much better nutritional options.	More art related content.

Q8:

During the school year, (through class discussions, curriculum, an assembly, etc.) discussions take place with regard to social media and it's connecti...TIVELY impacts the mental health of my child(ren).

760 responses

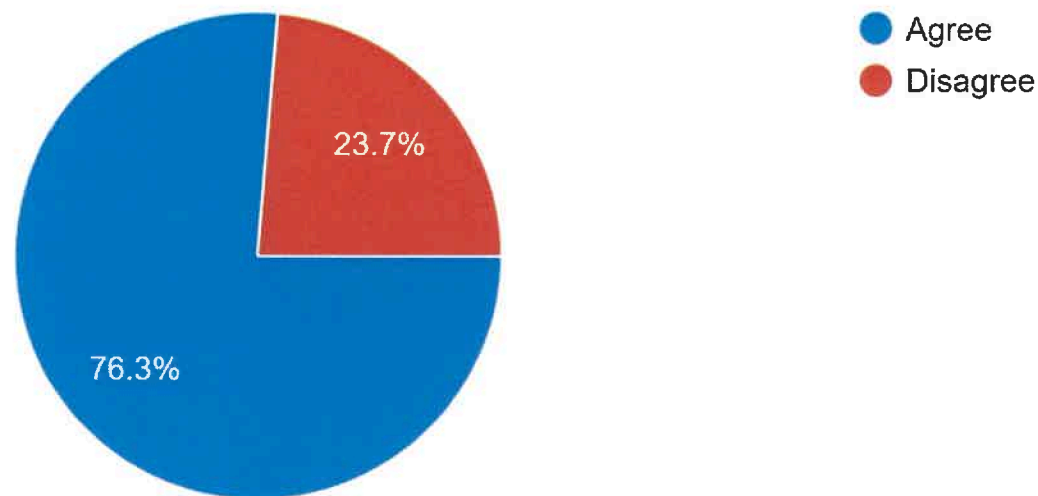


- Strongly Agree
- Agree
- Neutral
- Disagree
- Strongly Disagree
- I would prefer not to answer this question.

Q9:

Every school within WCSD offers social and emotional support resources to students. Please respond to the following statement: My child know...or personal concerns about themselves or others.

760 responses

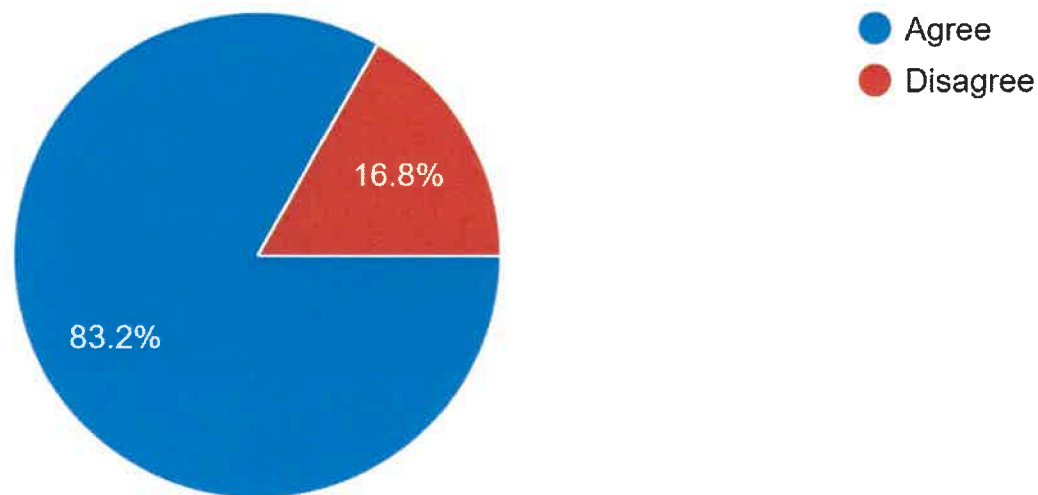




**Q10:**

As a Parent/Guardian, I know who to contact with concerns about the social/emotional needs of my child.

757 responses



**Q11. Please let us know your thoughts. (204 responses)**

Poor Food choices, terrible student safety

I do think the district needs better food options and more emotional and mental health activities-kids need more support with interpersonal effectiveness skills. DBT skills would be great.

I am so happy with Sheafe and my experiences with WCSD

Amazing resources

Breakfast is all sugar. It would be nice if options were healthier.

The lunch selection offer at schools is horrible. My daughter had a bagel one time and it was so hard that it broke one of her teeth. In my opinion people in jail get better selection.

You need to cater to the non-athlete as well as the athletes school food is not appealing and wasteful

More in school security to prevent and stop all physical altercations.

The lunch selection offer at schools is horrible. My daughter had a bagel one time and it was so hard that it broke one of her teeth. In my opinion people in jail get better selection

We need to focus on making the teens aware of the risks of addiction, drugs nicotine etc.

I really wish, that if kids in class get sick that the teacher is able to send a note home saying that so we as parents can take precautions.. it happend recently and parents weren't aware of it..

Although this is offered based on NEED, there are limited resources to teach children and continue to support their regulation of emotions. There is a reactive response rather than a proactive program

**STUDENTS SHOULD NOT BE ON SOCIAL MEDIA DURING SCHOOL HOURS**

The cell reception at RCK is unsafe and should be addressed.

Lunche portions aren't enough for bigger kids . My son has to buy 2 lunches each day and I can't afford it . Free lunches and bigger portions would be helpful

Opportunities for afterschool activities hours should be extended.

Guidance is lacking.

WCSD is highly inadequate in providing for students with mental health issues

Healthier food options are desperately needed, yogurts, granola, hard boiled eggs, pretzels, light soups (not cream based), salads, fresh, cut fruit, cut veggies, grilled options

Very unhealthy cafeteria options. Meditation would benefit kids mental health, productivity, mood in general and start the day on a positive note

not enough sport opportunities for such a large district. 100 kids trying out for 6 spots on an athletic team, ridiculous. should be intramural offered if they can't accommodate everyone

I believe social media is an issue for many students- I have these things blocked on my childrens devices so they do not have access but have witnessed other studentssending inappropriate content

Parents are the first step in ensuring that their children are mentally equipped to deal with the stressors of school. I appreciate the school being there as a support network if needed.

There is a disconnect between what the education department and students/parents feel are most important learning lessons.

So many children are socially awkward. There needs to be a place for them to come together to make friends. Because these children become depressed and socially awkward and isolated.

I love the schools, my kids have always had great teachers and support staff.



Most students would not approach staff. Guidance counselors should be meeting with students to not just do schedules but evaluate social and mental health of each student on a regular basis.
Free after school programs would be great especially for those who can't afford to pay for after school activities
I would like for the cafeteria to stop selling junk food. EX: ice pops, chips, artificially colored snacks. Not only does this cause allergies but also childhood obesity epidemic.
The school meals are just awful. My kids have no interest in school lunch. They always claim how horrible the food tastes and we have had incidents where the kids have ate the burger and get sick
Evans is doing such a wonderful Job. This school feels like such a nice community. Mrs. Hernandez does such a wonderful job leading this school and the staff always seems so happy.
There needs to be an immediate focus on the vaping epidemic in school. I am aware of vaping going on in the bathrooms. There are devices on the market to detect vape fumes to deter vaping.
Thank you for prioritizing mental health. I am so happy with the Wappingers district
My son is very happy at RCK and loves the Masque & Mime group / community he is part of
I tried contacting the school psychologist and left a voicemail regarding my child's mental health back in November/December and never heard back. I enrolled him in behavioral therapy instead.
OV is a great school with great staff. I am so happy he is there.
Stop defending the children who are bullies
Being that I also work in the district as a monitor, the lunches are gross. And the amount of snacks the kids can buy is insane. There should be a limit!! The switch drinks are so high in sugar.
The school lunch menu is repetitive. I would love to see more variety and options available.
I would like to see more groups, clubs that involve exercise at Sheafe.
Social Emotional Wellness should be built into the core curriculum, not addressed as a side issue.
Are there counselors available in the elementary schools?
The kids need better quality food and more recess time, less lecturing on forced inclusivity. There needs to be a return of educational consequences such as detention for missing homework and behavior
Advance Math classes during regular school day, not at 7am contracted out.
More options at MCES. Despite being the largest ES in the district we have very few options for extra after school activities for younger kids, no assemblies etc compared to other ES in district.
We can do so much better on food options for our children. Make fresh fruits and vegetables more appealing and get rid of the ice cream on a daily basis. Offer it has a once a week offering.
Unfortunately social media is a huge part of our children's culture but cell phone use in school is negativity impacting their learning. Cell phones should not be allowed in the classroom.
Good school and very good teachers. I feel like the students aren't being disciplined enough from their homes. (My opinion)
Students are still able to use their phones and walk around with distracting
I can't honestly say I trust the NYS school system to address my child's mental or physical health after its handling of COVID
Many of schools have banned cellphone and have a good success. Please consider it. FYI <a href="https://www.newsnationnow.com/us-news/education/minnesota-middle-cellphone-ban/">https://www.newsnationnow.com/us-news/education/minnesota-middle-cellphone-ban/</a>
The way teachers/lunch monitors behave & interact with our kids, who we entrust them to in our absence, also plays a major, important, & impactful role in their mental & emotional well-being, as well.



Myers Corners is great. Better school trips; Statue of Liberty, 9-11 Memorial
It seems social media is out of control in a negative way and I feel like my hands are tied
I don't think parents are aware of how phones and social media are influencing and affecting children. The district needs to send a stronger message to the parents and enforce stronger rules.
None of the schools address this in the right way. Both of my kids have been unfairly treated and bullied. The mental health of my kids is directly effected from the other students actions at school.
My children are too young for social media, but I believe it is harmful for all children, and children should not have phones and internet available 24/7, if at all.
My childs mental health is important to me. I'm concerned that it is possible that WCSD would allow a trans boy in my girls bathroom and locker room. That goes against my daughters mental health!
The access and resources are inadequate counselors not available and/or to busy
Please takeoff the junk items from school kids love all the junk food from school. Please help our children to be healthy. Take away candies like m&ms, skittlesetc, chips like Doritos, gummies
I would love to see some self esteem building groups take place
Very disappointed in breakfast options. Too many carbs and sugar.
I like the positively projects on Character but I'd like to see more of self- awareness, understanding emotions and how to manage emotions.
YES, social media is detrimental to mental health for all. Our kids are not on social media, so I did not answer the question.
Children should have more recess and outside of the classroom activities.
My social media concerns are in regards to certain platforms, not all.
I think the whole lunch should be redone the choices are horrible.
Bring positivity into the school. Model respectful behaviors.
I think social media is rough and easy for bullying to occur-worry for quiet children not my own children but others
My child loves Brinkerhoff. Unfortunately that love is being overshadowed by the same 3 bullies who I have already made staff aware of. Now he wakes up some days crying dreading having to face them
To both questions above maybe child knows who to seek for support not sure. Also I am aware to reach out teacher and Admin but who besides them? Guidance Counselor?!
Need to be concerned w/ entire student body, not just certain groups, particularly when interests of those groups may conflict. Need/desire for inclusion should not trump safety considerations
My child does not buy breakfast but the choices are all full of sugar. Honey buns and pop tarts are not a great way to start the day
I would love to know more about the specific SEL supports made available to students so I can reinforce them at home and have discussions about opportunities on where/how to seek help if needed.
Our children know where to go but do not feel heard. Maybe that can be worked on not that you can fix the myriad of occurrences but that they feel heard and validated.
Healthier meal options need to exist. I am very disappointed to do this survey every year and still have burgers and chicken nuggets and pizza on regular rotation.
I do not allow my minor son to have social media accounts too many influences and topics that should not be exposed to and addition of potential dangers.
My daughter chooses not to take a lunch because of the crowds and the frequent fighting in the cafeteria. What can be done to address this? She should want to take a break and have a safe place to go
As we focus on mental health of our children we should strongly ENCOURAGE to love themselves for who they are. Don't think our kids should be concerend about the opposite sex in their locker room!



The district is lacking in mental health professionals. They talk a lot about the importance of students' mental health, but there are not enough staff or resources in the schools.
Happy to give more specific feedback with regards to my opinion of breakfast and lunch menus
Thanks for all that you do.
I know who to contact. They're just ineffective and more concerned with protecting themselves and their school reputation than they are the safety and well being of their students.
Social media has such a strong hold on our middle schoolers, we should be doing more to protect their mental health.
had a horrible situation at John Jay with my daughters and Mr. Kedzielawa and Heather Dahl both supported my children. I couldn't have asked for two better people to help & guide my children!
Fishkill Plains has been so Wonderful helping my child
Not happy with lack of recess, if teachers don't want to go out, kids are forced to stay inside. Barely extracurriculars are offered. Not happy with amount of time kids/admin are not in school
I have excellent communication with my children, my children's schools and I am aware of SEL and organization with my community that supports SEL as well.
School counselor
You need better quality of food in our schools. Maybe an outside vender.
We have tried to utilized the counselor at school without success, she never reached out to my child when she told my child she would. Very disappointing!
I've initiated the help of the school social worker more than once.
I may not know the answers, but I feel as though the district has a lot of the resources available and I could easily find it if I had to look.
The children require more movement throughout the day then they are allowed. Flexible seating and movement throughout the classroom
My kids are to little to use social media (7 & 5). I do feel like Gayhead provides help to support their mental health at this time.
I would love to see more SEL support in the classes from guidance counselors; a whole-group guidance class once a cycle or something. All students should have comfortable relationships with counselors
"Switch" Should NOT be sold at the schools. 7.5 FL OZ with 26 Grams of Sugar, its like drinking a soda. Salad would be a good option and would provide a healthier, more nourishing alternative.
Need to be more aware of providing a balanced meal. When given the opp, kids will choose junk. Don't give them option to make that bad decision. ESPECIALLY when they are as young as 5/6 years old.
Athletic programs or after school clubs would be beneficial. Not just programs that cost money and are less than a handful of times. Better food options and a real well balanced meal would be great.
I believe Wcsd is always looking out for their students and is always there for them.
i agree with you
Thank you for conducting this survey. I am a health educator that works throughout westchester in this area. i would love to collaborate jciliberto@yorktown.org
We found the school psychologist, guidance counselor and nursing staff at RCK to be really outstanding. Our child was sad to leave them but they made the transfer to OVAHS seamless.
When my child need help no body was there to help ?
safe unlocked bathrooms
Teachers can greatly influence students to be motivated and do good in school
Currently both my kids aren't allowed on social media. I did not know that there was someone that they could talk to in the future if need be. Who would that be?
We need more school social workers and more schook pyschologist for non-mandated counseling for the general education students. There should be a daily, but brief, social-emotional learning curriculum



Mental health is critically important. But so is resilience, grit, determination, and the ability to learn through failure. Please continue to support our kids while keeping high expectations.
Thanks for asking. Student led peer groups, LGBTQ+ groups...
Survey the students for what programs and clubs they want
My child was NOT informed of how to reach out. I had to figure it out and push the support people to reach out to my child to explain. Also, the support is limited (ex psychologists not licensed etc)
Admin sucks as well as the corrupt armed security officers
Any wellness activities after school
My children ask that you kindly bring the slushys back.
Ban cellphones during school hours
As our child does participate in after school programs, when home his computer rules his life. It's not like when I was a child and we went out to play.
I am very concerned that there is no metal detector and that we receive emails about gun threats.
None
Love Our School!
Digital wellness and citizenship are important to include in school curriculum. My child doesn't yet use social media, but does use devices for games, music, and research.
My biggest problem is availability of use of restrooms at JJ. They are often locked or unavailable
none
I strongly feel the food options in our district are very unhealthy. I think we need to improve in this area. Thank you for your consideration!!
Phones should be banned at school for children of any age
My child does not use social media, but I do feel it has the potential to negatively impact children.
I think a more active "checkin" with students by counselors would provide more of a feeling of a safe space where they would be comfortable just stopping by.
Assess Teachers and students relations protocol.
Cell phone policy should be strictly enforced in all school for students
The school meals are a carbohydrate and calorie bomb. There should be much healthier fresher options available.
Our household agrees that the school lunches are disgusting. They vary greatly from school to school too which is strange. There should be healthier options and organic should be offered ALL THE TIME!
I tried to get my teenager to see the school psychologist but was told we couldnt require him to go, even though he has a diagnosed mental illness, I feel that isnt very helpful
There is not enough staff to support the health and wellness in each building
This form excludes the large amount of out of district placement students. This is another example of the districts blatant disregard for these students.
School meals need more student input.
School lunch's quality is really bad.
Myers needs more opportunities for extra activities. We seem to have less than the other schools in district, despite being the largest.
Good choice for lunch are filled with processed food. I would like to see high protein with fresh veggie options.
Keep chicken smackers weekly please - there was a revolt in our house! Posting the menus earlier would be helpful
Phone should not be allowed in the school social media most be addressed by the school and the parents to keep all the children safe and happy having no really plann isnt helping



With a large district numerous challenges exist to create individualized support, and I would like to see continue effort on meeting the needs of each child. School lunch needs to be healthier.
My child feels very anxious about going to school on each day. Teachers are wonderful. Just don't know what to do about his anxiety.
RCK does not care about mental health issues with their students. The teacher and coaches are the biggest bully's and do nothing to help the students.
Too much permissible bullying in this school. Too many things are swept under the rug
There should be social groups for kids in elementary school who are maybe having trouble socializing or maybe don't know how to stand up for themselves and need some guidance doing so.
Aikta Chopra
My son doesn't go on social media so I cannot answer that question. He does play sports outside of his elementary school, I don't think that based on his age, his school needs to offer more activities
I believe our school district should invest in healthier and better choices for lunch.
Lunch program is terrible, only offer unhealthy, processed foods. Some days my children say the lunch is inedible and we have to pack extra healthy snacks so they can get through the day.
I recommend more guest speakers for our PTA and schools...mental health focused. Melissa at Sensory Stepping Stones in Hopewell is an amazing resource for my family and so many others!
Breakfast is full of sugar, and isn't the healthiest option. Corndogs are a terrible meal, and there's some version of pizza multiple times, in 1 week
Response time to mental health issues in the middle school is a bit slow
There should be healthier food options available for breakfast and lunch.
Would love to see group mental health services for students; the mental health staff is busy w/the kids who are mandated
School lunch is awful, my children don't even eat half the time because the food looks undercooked and not appealing
Myers is a wonderful school
I wrote to social workers and psychologists at school to notify them of an issue. One wrote back and said thank you and the others never acknowledged.
I don't know offhand who to contact, but I am sure I can find out with a little research
None
The food at schools really needs to be top priority. It's shameful what is considered healthy/balanced.
I think I know where I would need to go for mental health needs if needed but it would be helpful to know what resources there are .
I feel like since Covid we need more in Elementary
Yes
This survey is a great idea! Thank you for proactively seeking opinions on student wellness.
Thank you for asking for feedback!
Need more involvement from school supports. No child should sit alone. Peer support would be amazing.
I think gym class should have a unit for yoga and/dance. It's currently very focused on competitive games and yoga/dance would be better for their mental wellbeing.
While i know my child knows who to contact I think there should be more info posted and explained on a regular basis about that!
The lunch menu needs to offer foods for those with allergies
Any programs that can be implemented to discourage phone use would help the kids mental health.
Me and my husband are happy with JJHS
New to This school district. Still Adjusting . Infinite Campus portal is never updated.
N/a



Excellent schools
let's work on healthier snack options and better quality lunch choices.
To increase overall wellness (mind and body) the district should add: healthy breakfast, inclusion classes in EVERY elementary school, school counselors, research based SEL curriculum K-12
My kindergartner is too young for social media but I'm very concerned about the future impact it will have.
My son is a vegetarian. I feel that he should have better lunch options available to him
Nothing at this time
Would like to see more funded clubs offered.
social media for school materials are ok. it's the social-media we're friends compete and when it becomes a distraction it is negative
This survey is very generic is a poor assesment to understanding the health and wellness of the school and kids.
Peer support groups for students experiencing hardships
phones should not be allowed during and use Yondr pouches. I recommend this highly. Also it is not clear on the website who to reach out to as a parent school hours. Newburgh school district has
It is difficult when there are afterschool offerings at Kinry for the vassar kids. There is no way to get students there and prevents children of working parents the opportunity to participate.
Had to pull my child out of Van Wyck because the special Ed head harassed them in the school. It's a horrible school. They need a new chair head over there. And it's a shame nobody cares!!
I fear for these children. Safety is the schools.
none
Would like to see more mental health assembles and posted places to get mental health
Not all lunches are the best more fresh foods less pre-heat.
Agradezco su encuesta, son muy amables.
They should offer other things besides apples and carrots at lunch.
Bring back free lunch and get rid of free upk
Extremely happy with Fishkill Elem!
The bullying is impossible to prove because students cannot record their bully. This is a massive problem that needs to be addressed.
I would like the gym to be checked for mold at fishkill plains elementary. There is a strong Oder.
All cell phone should be ban from elementary school and junior high schools. Children should learn respect and self control.
The staff at Fishill Plains Elementary have been extremely helpful to us! They are like family to my family!
I think this survey is a great start to help parents realize what the schools have to offer. Thank you.